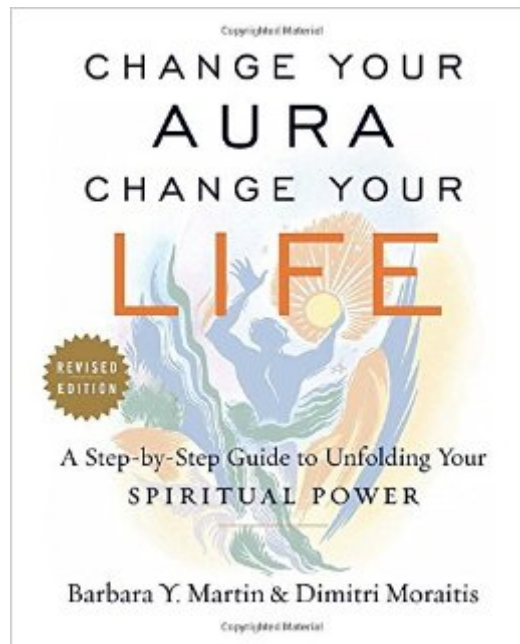


The book was found

Change Your Aura, Change Your Life: A Step-by-Step Guide To Unfolding Your Spiritual Power, Revised Edition



Synopsis

A new guide to the source of your spiritual energy--the aura--from renowned spiritual teachers Barbara Y. Martin and Dimitri Moraitis. Discover your source of unlimited spiritual energy! Everything you think, feel, and do radiates a spiritual energy that comes through in various colors and hues: This is your aura. The aura is your spiritual blueprint. By changing the quality of your aura, you can automatically change the quality of your life. In this groundbreaking book, renowned aura expert Barbara Martin, known as the Mozart of Metaphysics, leads you through her technique for improving the aura--a technique she has taught to thousands.-Whether you see auras or not, this breakthrough book reveals:-What the various colors of the aura mean and say about you.-How to work with the power rays of spiritual enrichment--including love, prosperity healing, and wisdom.-More than 90 meditations to deepen personal relationships, advance your career, and transform destructive emotions.-How to become more spiritual and closer to God.

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Customer Reviews

If you're seeking a way to see auras, this is not the book for you. However if you are seeking a way to transform your life or specific life situations, this is the book for you. I bought this book years over 12 years ago at a book store in California after hearing an NPR interview on the radio with the authors. Of course it landed in the "need to read" pile with best of intentions to read while busy life continued. However, I had a serious calamity at work in 2010 and was really concerned about the amount of anger I was feeling about the work situation. I had to find a way to release that anger

and move on but was literally stuck (and felt physically ill from it) until I remembered I had this book on the shelf. I grabbed the book and read it cover to cover and found a meditation to release anger and forgive. The results were literally life changing - I had tremendous relief after about a week of using this specific meditation several times a day and was able to move on with my life free of that anger and with a much more positive outlook on life (and many really good things subsequently happened on the work front as well). After that I also ordered the companion CDs and relied heavily on them as I am a left brain, overly analytical type person and needed to basically "hear" how to meditate because I wanted to make sure I was doing it correctly. The meditation tracks are to this day the most played items on my iPod and I literally fall asleep listening to them at night. They are also good to meditate with if I have no privacy during the day or am on a long flight. I was later able to take online courses with the authors to get a more in depth understanding and more experience with this type of meditation.

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